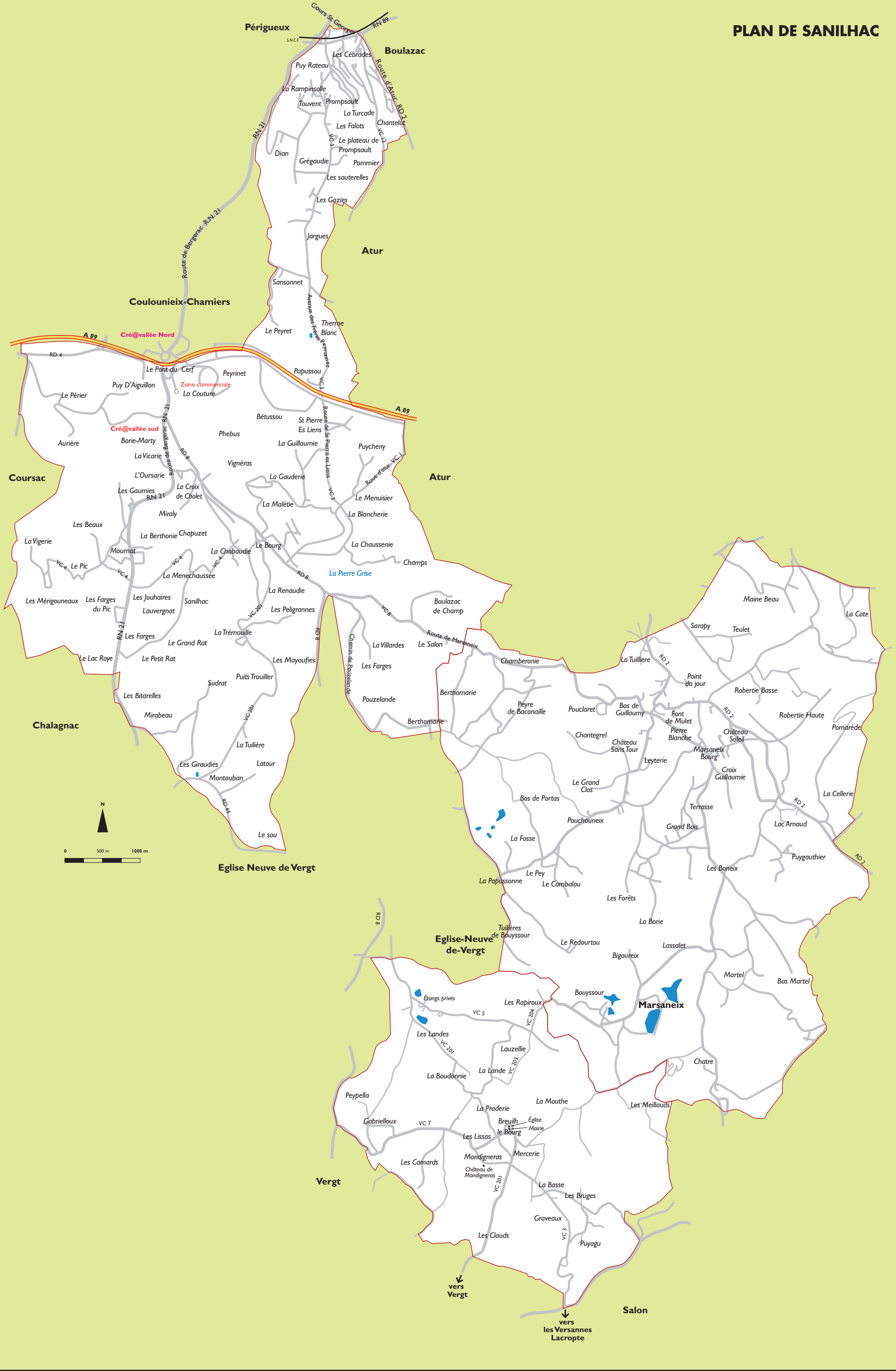PLAN DE SANILHAC